



3S ADOLESCENT CARE

SAFETY | STABILITY | SOCIAL INCLUSION



Building Lifelong Opportunities For Children And Young People

www.3SAdolescentCare.com

Young People's Feedback

Hope
you like
IT
"

THANK you all 

I could not ask
for a better team


Thank you for try to
make me happy or put a smile
on my face
I wish you all good luck"

Thank you for being a
~~Sammy~~ Samly 

thank you all for trying
your best to help me



Thank you for working here
to help me it means so much
to me
From Jackson

Welcome to 3S Adolescent Care

3S Adolescent Care is an independent provider of children care services. We work mainly with children and young people between the age range 8-17 years on admission, adopting an approach that is therapeutically informed. This is helped through our collaboration with clinical service provider bMindful Psychology, supporting children and young people to develop social, emotional and independent living skills necessary to enhance their resilience, wellbeing supplemented by safe coping strategies for their future.



Our Vision

3S Adolescent Care adopts a therapeutic environment that is designed to prepare and support children and young people in achieving a positive and successful move into adulthood.

We believe that each young person needs safe boundaries, routine and consistency in their lives and a caring system of support to encourage, develop and maintain pride, self-discipline, self-esteem, confidence and ultimately to feel trust and respect for themselves and others. We will ensure our children are cared for by skilled and talented people who are passionate about our children, have the right home, in the right place at the right time enabling them to be safe, happy, successful and healthy. This is helped through our aim to deliver high quality services that meet the needs of all children and young people irrespective of cultural or ethnic background.

We believe that everyone deserves a good education. Therefore, our goal is to work with the education providers to help the children we support to achieve their full potential. Moreover, the importance and impact that health can have on the lives of children cannot be ignored and we want to ensure that we encourage access to high quality community health services for children.

We go beyond the tried and tested methods to get to new and individual solutions, by integrating our expertise, first-class care and high-quality environments. We want everyone involved with our organisation to feel part of delivering something momentous where we can all play a part of making a real and lasting difference to children's lives through:

- 1 Person-centred framework that places each child at the heart of their support.
- 3 High Quality services and stable placements striving to achieve the most positive outcomes attainable for each child

- 2 High -class residential care that is a positive, enriching experience for children.
- 4 Qualified staff who have the skills, experience and support needed to meet the individual needs of each children.

Our Therapeutic Approach

We support vulnerable children and young people to be happy and positive in their lives, alongside encouraging their understanding of their history and lived experience,. Our therapeutic approach is designed to enable children, and the opportunity to manage their feelings, to understand their history and experience and what is needed to help them develop confidence and self-esteem to move through the difficult times. Many children coming into care are at critical stages of their emotional, cognitive and social development where therapeutic work can help them.

Our staff are specifically trained in delivering therapeutic support for children who struggle to articulate their feelings of anger, sadness, including trauma experienced and other adverse impact on their emotional wellbeing and behaviours. We provide a safe environment for children to express themselves and where they are enabled to develop confidence and self-esteem to build resilience, which can help them navigate challenges throughout their lives.

We work with other agencies including bMindful Psychology, health and education providers and the local authority in multi-disciplinary meetings taking account of the views of children, their families and carers where necessary, to ensure that our homes are the best placement for children to achieve their goals.

Our staff teams consist of Registered Managers alongside Team Leaders and Care Workers.

Our Homes

We offer high quality residential care for children that provide excellent outcomes for children including trauma-informed therapeutic support that provides a holistic approach to understanding and addressing the needs of children who have experienced trauma. It offers several key benefits and components tailored to support their healing and growth including safety and trust, tailored individualised care, emotional regulation and coping skills, reducing retraumatisation.

Each child has access to the 'well-being for life clinical programme supporting their individual needs and where children can talk to someone independent of the home to express their feelings.

Our team harnesses the power of residential placements to equip children with the character strengths, resilience, and independence skills they need to take their next confident steps into adulthood. All staff receive regular clinical supervision/consultation and attend weekly multi-disciplinary team meetings to ensure attention remains on the children and improving positive outcomes.

Our homes are located in the Northwest of England. They offer group placements and are managed by dedicated and experienced teams who are devoted to working with children and young people to improve their life chances and the chance to flourish and thrive.

When a child is referred to us, we work closely with their social worker, local authority, and our in-house therapeutic team to ensure they are matched with a home that meets their needs. Before they arrive, children can meet with the manager and staff team, which supports a smooth transition. This also helps children feel confident and comfortable before they move into their new setting.



Therapeutic Support

The clinical team will continue to support children throughout their stay, providing clinical assessments, tailored treatment plans, bespoke interventions, and direct therapy.

Supporting emotional and behavioural difficulties

We offer safe places for children who have experienced neglect, abuse and trauma, supporting them in small, family home-from-home style environments. We know this setting best meets the needs of each child.

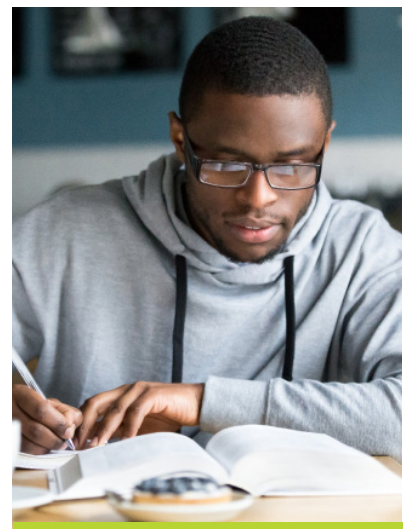
Our specialist therapeutic care homes offer children a multi-disciplinary team support programme, enabling them to succeed and achieve.

bMindful Psychology provide clinical input supporting our care team providing access to the Keyworker Intervention Toolkit for Therapeutic Care (KIT). The 'KIT' model is a three-phase therapeutic programme, designed to be delivered by the care team working directly with the child. Due to the positive professional relationships the team can develop with each child, they are in the best position to weave the therapeutic working into every-day life. This provides the child the scope and opportunity to develop healthy coping mechanism in a more holistic way rather than targeted therapy alone.

Although our care team are involved in the provision of therapeutic support to children and young people, the work is enhanced through individual work delivered by the bMindful clinician when it is safe, child/young person is stable, and they can understand and work thorough their trauma so as not to retraumatise them. Our high-quality home environments are continually reviewed and managed safely, as per the specific needs of the cohort of children residing in them at any given time. This helps to enable positive approaches in creating an environment that develops excellent working relationships with children.

Our services include high quality support for children with social, emotional and behavioural needs, attachment disorders or may be at risk of exploitation. With a qualified pharmacist as a part of the Senior Management team, overseeing the use of medications within the home and providing training to the staff, we are well placed to support children struggling with underlying health conditions such as asthma, diabetes, ADHD or mental health conditions.

We have high aspirations for the children we look after in our homes, we provide high quality care and support so that children can develop the skills they need to live independently and contribute positively to their local community.



High Level Therapeutic Care

To support the delivery of high level therapeutic care bMindful Psychology provide the following support and therapeutic input across all 35 Adolescent Care homes.



Training:

- Accredited Level 2 - Developing Therapeutic Practice for all team members (2 days plus workbook completion)
- Accredited Level 3 - Therapeutic Practice for senior team members (from January 2023 onwards)
- Therapeutic Parenting & PACE Model
- Attachment Theory and Developmental Trauma
- Child Sexual Exploitation
- Child Criminal Exploitation
- Other Training to be agreed based on need.

Consultation to the system:

- Up to 1 hour fortnightly MDT session per home (max. 4 children)
- Team Consultations – 2 hours per month.

Bespoke Intervention:

- Up to 3 hours per child/per month clinical input as agreed by the MDT, may include:
 - Key worker support on 1:1 basis
 - Subject to need - 1:1 work with the child
 - Additional staff consultation, reflective practice depending on the needs of the children.

Assessments:

Subject to existing assessments, bMindful may conduct the following:

- Psychological assessment (ACES, ACA, TSCC, WISC)
- AIM3 assessment
- Psychological formulation
- Sensory Assessment, Profile & Programme
- Assessment report prepared at day 28 and 90

Use of the Keyworker Intervention Tools (KIT) programme:

- Access to KIT manual
- Access to KIT resources



Use of Keyworker Intervention Tools (KIT)

Access to the 3-phase KIT recovery programme:

- Phase 1 - Safety and Containment
- Phase 2 - Resilience, Relationships, Emotions and Self Worth
- Phase 3 - Restoration and Life Long Learning



Safe Learning Environment

Our homes provide a safe and nurturing environment where importance is placed on ensuring an education package that meets the full range of young people's needs, both academic and vocational.



Partnership Approach

We want every child who stays in our care in any of our homes to reach their potential and really value partnership working with local authorities and other health and social care organisations.

Placements

Our homes provide children and young people with high quality support helping them to gain stability and develop resilience to be who they want. We support children and young people who have suffered trauma and abuse including being exploited. They are likely to have experienced a series of placement breakdowns and have a variety of complex needs. We offer three bed homes that are geared to look after high acuity complex young people with a variety of needs. We offer short, medium and long-term placements.

Adlington Hall Lodge, Chorley



Located in a beautiful, leafy part of Lancashire, Adlington Hall Lodge provides residential care for up to three young people aged 11-17 years. It has a spacious lounge and games room with an interactive smart TV, large kitchen and dining area that opens up onto a secure garden area, and three large stunning bedrooms with each overlooking the peaceful grounds. Although the home has undergone a renovation in 2023, it has not lost a homely feel and provides a safe a caring environment for young people to live.

Ivy House, Chorley



Ivy House has recently undergone a complete refurbishment, transforming it into a beautiful home in which children and young people can thrive. Situated in Chorley and providing residential care for up to three young people aged 11-17 years, Ivy House has a large games room, a relaxing and calming breakout room, spacious open plan kitchen that backs onto a secure outside space. Ivy House has three large bedrooms with a bathroom on each floor and with first floor landing space providing a tranquil area for young people to relax.

Weaver House, Winsford



Weaver House provides residential care for up to four young people aged 11-17 years on admission. Located in the heart of Cheshire, it is a homely environment that has recently benefited from a total programme of decoration that offers a calming and relaxing environment for young people. With three large bedrooms, an open plan living/TV room, separate games room and kitchen that opens onto a large secure rear garden, Weaver House provides the nurturing and care a young person may never have experienced.

Heathwood Lodge, Whitchurch



Heathwood Lodge is a welcoming three bedroom bungalow providing residential care for up to three young people aged 11 to 17 years on admission. Situated in the peaceful market town of Whitchurch, the home offers a safe, spacious and nurturing environment where young people can feel secure, valued and supported to thrive. Designed to feel like a true family home, it features three generously sized double bedrooms, a bright open plan living/dining area, a well equipped kitchen, dedicated games space and a light filled conservatory overlooking a large, secure rear garden, providing the ideal setting for young people to relax, build positive relationships and develop their confidence and independence.

When a child is referred to us, we work closely with their social worker, local authority, and our in-house therapeutic team to ensure they are matched with a home that meets their needs. Our therapeutic team will continue to support the child throughout their stay, providing clinical assessments, tailored treatment plans, bespoke interventions, and direct therapy.





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